



AMC Boston Family Outings Leader Application & Requirements

How To Become An AMC Boston Family Outings Leader/Assistant

All Boston Family Outings leaders and assistants must be current members of the Appalachian Mountain Club (AMC), meet the minimum standards outlined below for their particular leader category, and be approved by the Family Outings Executive Committee. To get started:

- Choose the **Leadership Category** in the following tables which best matches your interests and experience.
- Complete the **Leader Requirements** described in the tables. Let us know if you think an exception should be made to accommodate experience you have outside AMC Boston Family Outings.
- Email the **Leader Application** on pages 3-5 to Jeanne Blauner, jablauner@comcast.net and Elizabeth Little lizklittle@gmail.com for approval.

Leader Categories and Requirements To Lead Trips

Leader categories and requirements are described in detail on the following page.

Assistant Leader (AS)
Activities Leader (AL)

Front Country Leader (FC)
Back Country Leader (BC)

Weekend Leader (-W)

Additional notes:

- Approvals may be restricted, or a leader mentor may be assigned to trips requiring specific skills and knowledge until we are confident you have enough experience for each type of trip. These include, for example, overnights and shoulder season (spring/fall) or winter trips.
- The “Weekend Leader” (-W) designation is in addition to one of the other four categories. For example, someone could be “AL-W”, designating that they can lead weekend camping, house, or lodge trips and activities during that trip are no more than short easy walks.
- With approval from Family Outings, equivalent experience or fewer assistant-led trips may be substituted for some requirements. For example: Other leader training courses may replace Boston Chapter training and the number of assist-leads may be reduced if the person is already a leader for another committee.
- All Boston Family Outings trips are subject to review and approval.

If you have questions, please contact:

Liz Little, Leadership Development Coordinator lizklittle@gmail.com

Leader Category	Description	Requirements*
Assistant	<ul style="list-style-type: none"> Accompanies and assists a leader with a designation appropriate for the trip. 	<ul style="list-style-type: none"> A current AMC member.
Activities Leader (AL)	<ul style="list-style-type: none"> Leads easy walks within state or town forests, conservation areas, etc. Duration is 2 hours or less May or may not require pre-registration. 	<ul style="list-style-type: none"> One day leader training such as Boston Chapter One-Day Leadership Training, AMC Chapter Youth Program (CYP), or Outdoors Rx training.* Assistant Lead two trips either with Outdoors Rx or Boston Chapter Family Group Leaders.* For at least one trip, post the trip on-line. First Aid and CPR training strongly encouraged.
Front Country (FC)	<ul style="list-style-type: none"> Leads moderate to intermediate hikes that do not exceed 6 miles and/or 800 feet elevation gain. Examples: Smaller mountains such as Mt. Watatic and the Blue Hills. 	<ul style="list-style-type: none"> One day leader training such as Boston Chapter One-Day Leadership Training, AMC Chapter Youth Program (CYP), or Outdoors Rx training.* Assistant Lead two Front Country trips with two different Boston Chapter Family Outings Leaders.* <ul style="list-style-type: none"> For at least one trip, post the trip on-line. For at least one trip, prepare the informational sheet that is sent to trip participants. For at least one trip, be responsible for registration of participants. First Aid (or WFA) and CPR (Copies of current certification must be submitted).
Back Country (BC)	<ul style="list-style-type: none"> Leads all levels of trips including backcountry trips where the trips may exceed 6 miles total and/or 800 feet elevation gain. 	<ul style="list-style-type: none"> Boston Chapter Multi-Day Leadership Training or AMC Mountain Leadership School.* Assistant-Lead 3 backcountry trips with at least two different Boston Chapter Family Outings Leaders.* <ul style="list-style-type: none"> For at least one trip, post the trip on-line. For at least one trip, prepare the informational sheet that is sent to trip participants. For at least two trips, be responsible for registration and screening of participants. WFA Training, with WFA training renewed within three years and then every five years thereafter (Copies of certification must be submitted).
Weekend (-W)	<ul style="list-style-type: none"> This is a designation in addition to one of the leader categories listed above. For example: FC-W or NH-W. Leads weekend trips at a campground, inn/B&B, hostel, lodge, or bunkhouse. 	<ul style="list-style-type: none"> While assisting, complete the following: <ul style="list-style-type: none"> Plan one or more meals for the group. Manage the finances for the trip.

* Equivalent experience or fewer assistant-led trips may be substituted for some requirements. Please contact the Committee Chairperson.

AMC Boston Family Outings Leader Application

(Scan or email completed form to Liz Little, lizklittle@gmail.com)

PERSONAL INFORMATION	
Name:	Email:
Address:	AMC Member Number: (found on the address label of your AMC Outdoors magazine or phone Member Services (617) 391-6632)
Cell Phone: Home Phone:	
Applying for (choose one leader type):* <input type="checkbox"/> Activities Leader <input type="checkbox"/> Front-Country <input type="checkbox"/> Back-Country	
*There is no need to apply to be an "assistant" as the only requirement is to be a current member of the AMC.	

LEADERSHIP & EMERGENCY TRAINING AND EXPERIENCE		
(Family Outings partially/fully reimburses training expenses for leaders who lead/assist 2 trips in a 12 month period)		
	Yes / No	Date(s) of Training
1-Day AMC Boston Chapter Training		
1-Day Outdoors RX Training		
AMC Chapter Youth Program (CYP)		
Multi-Day Training sponsored by AMC Boston Chapter		
Other outdoor leadership program (please explain here):		
First Aid Training		
CPR Training		
Wilderness First Aid (WFA) Training		
What other AMC groups or other outdoor organizations who you have led with?		

ASSISTANT-LED TRIP #1	
Name of Trip:	Date of trip (Month/Year):
Duration? <input type="checkbox"/> Day hike/walk <input type="checkbox"/> Overnight If overnight, what were the accommodations? <input type="checkbox"/> AMC hut <input type="checkbox"/> Camping <input type="checkbox"/> House <input type="checkbox"/> Back-country cabin What activities (check all that apply)? <input type="checkbox"/> Flat walk <input type="checkbox"/> Snowshoeing <input type="checkbox"/> Hike uphill <input type="checkbox"/> XC skiing <input type="checkbox"/> Biking <input type="checkbox"/> Fishing <input type="checkbox"/> Other (please explain): Mileage: Elevation gain:	Name of mountain, trail, park, or area: Responsibilities (check all that apply): <input type="checkbox"/> Posting the trip on-line <input type="checkbox"/> Registration <input type="checkbox"/> Screening <input type="checkbox"/> Prepared Information Sheet <input type="checkbox"/> Meal Planning <input type="checkbox"/> Route Planning <input type="checkbox"/> Other (please explain):
Leader's Name, Email, and Phone Number:	
Any other information regarding this trip?	

ASSISTANT-LED TRIP #2	
Name of Trip:	Date of trip (Month/Year):
Duration? <input type="checkbox"/> Day hike/walk <input type="checkbox"/> Overnight If overnight, what were the accommodations? <input type="checkbox"/> AMC hut <input type="checkbox"/> Camping <input type="checkbox"/> House <input type="checkbox"/> Back-country cabin What activities (check all that apply)? <input type="checkbox"/> Flat walk <input type="checkbox"/> Snowshoeing <input type="checkbox"/> Hike uphill <input type="checkbox"/> XC skiing <input type="checkbox"/> Biking <input type="checkbox"/> Fishing <input type="checkbox"/> Other (please explain): Mileage: Elevation gain:	Name of mountain, trail, park, or area: Responsibilities (check all that apply): <input type="checkbox"/> Posting the trip on-line <input type="checkbox"/> Registration <input type="checkbox"/> Screening <input type="checkbox"/> Prepared Information Sheet <input type="checkbox"/> Meal Planning <input type="checkbox"/> Route Planning <input type="checkbox"/> Other (please explain):
Leader's Name, Email, and Phone Number:	
Any other information regarding this trip?	

ASSISTANT-LED TRIP #3	
Name of Trip:	Date of trip (Month/Year):
Duration? <input type="checkbox"/> Day hike/walk <input type="checkbox"/> Overnight If overnight, what were the accommodations? <input type="checkbox"/> AMC hut <input type="checkbox"/> Camping <input type="checkbox"/> House <input type="checkbox"/> Back-country cabin What activities (check all that apply)? <input type="checkbox"/> Flat walk <input type="checkbox"/> Snowshoeing <input type="checkbox"/> Hike uphill <input type="checkbox"/> XC skiing <input type="checkbox"/> Biking <input type="checkbox"/> Fishing <input type="checkbox"/> Other (please explain): _____ Mileage: Elevation gain:	Name of mountain, trail, park, or area: Responsibilities (check all that apply): <input type="checkbox"/> Posting the trip on-line <input type="checkbox"/> Registration <input type="checkbox"/> Screening <input type="checkbox"/> Prepared Information Sheet <input type="checkbox"/> Meal Planning <input type="checkbox"/> Route Planning <input type="checkbox"/> Other (please explain): _____
Leader's Name, Email, and Phone Number:	
Any other information regarding this trip?	