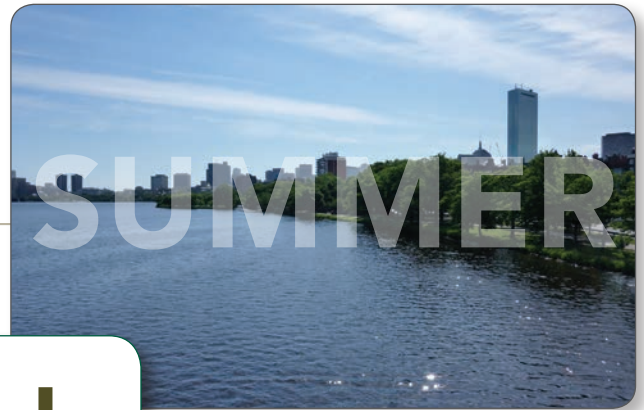




BOSTON CHAPTER
YOUR CONNECTION TO THE OUTDOORS

www.amcboston.org



Charles River **Mud**

The Quarterly Newsletter of AMC's Boston Chapter

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The Return of the Boston Chapter Conservation Committee

by Joan Entwistle and Rachael White

After several years without an active Conservation Committee, the Boston Chapter is pleased that new leadership has stepped up to chair the committee. The new committee will represent the Appalachian Mountain Club's conservation mission locally at the Massachusetts State House, and on AMC trips near and far.

Joan Entwistle, the newly appointed Chair of the Conservation Committee, has been a volunteer trip leader with the AMC for many years, most recently with our chapter's Family Outings Committee. Joan has served as a conservation activist with the Sierra Club, MassPIRG, Grow Native Massachusetts, Mothers Out Front, and other local conservation and climate justice groups. She is looking to bring new focus to the AMC's conservation mission in the Boston Chapter through events and advocacy.

Joan and the Conservation Committee will work to plan conservation-themed events with other committees, to host educational speakers, to lead hikes with naturalists and family-oriented nature activities, and to send out alerts about proposed legislation that would impact our trails and environment. The committee will explore opportunities to join with the conservation committees of other chapters, and to become part of a coalition of environmental groups working to combat global warming.

If you are interested in becoming involved with the Conservation Committee, please reach out to Chair Joan Entwistle at joan.entwistle@gmail.com and stay tuned for future events!



AMC 20s & 30s Leadership Training and Stewardship Weekend

September 15-17, 2017 – AMC Cardigan Lodge, Alexandria, NH

Want to brush up on your outdoor leadership skills? Want to connect with other outdoor enthusiasts in their 20s & 30s? Take the first step to become a trip leader for your local AMC Chapter! AMC is hosting a Leadership Training designed for 20s & 30s and it is sure to be a great time. Participants will have a chance to network with other AMC Young Members (YM) from across the region and learn important leadership skills that will set them on the path to becoming trip leaders for local AMC Chapters.

AMC is also offering a 20s & 30s Trail Stewardship course at Cardigan Lodge that weekend. If you're interested in learning trail work skills and networking with other 20s & 30s, this weekend is for you!

Registration will be open June 15, 2017 – August 31, 2017. To register, call AMC Reservations at 603-466-2727.

Questions? Email shatch@outdoors.org



2017 AMC Fall Gathering

October 13-15, 2017

Robin Hood, Freedom, NH

Registration is open for your fall weekend in New Hampshire's White Mountains.

Join fellow AMC members for a great time at the 2017 AMC Fall Gathering in the heart of New Hampshire. Plan your getaway weekend this fall and join this annual AMC October event—a great time to be in the White Mountains!

Come to...

- Launch and Paddle from the host camp
- Hike Mount Chocorua or other White Mountain greats
- Enjoy hearty meals and great company
- Celebrate Autumn's splendor
- Get away and enjoy the great outdoors...

Check it out at www.outdoors.org/fallgathering.

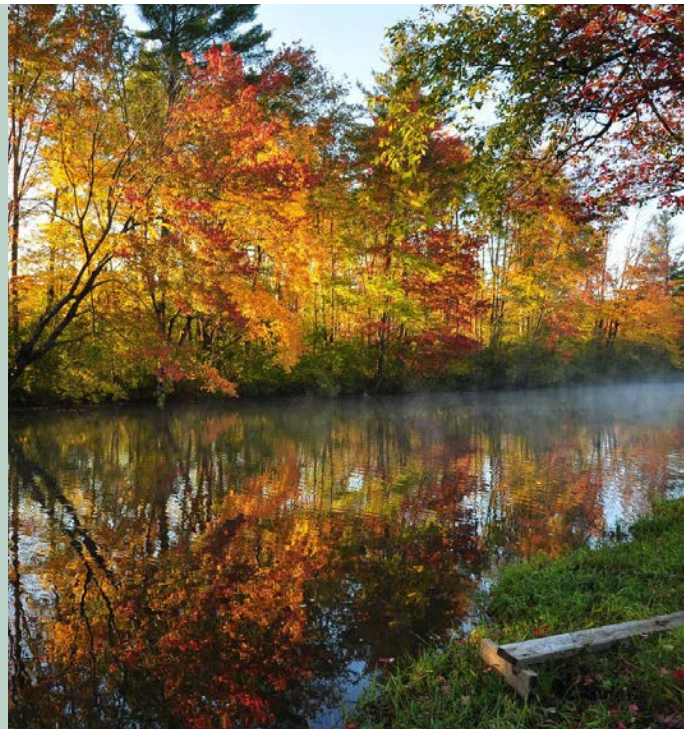


Photo credit: Appalachian Mountain Club

Finding Trips On-line

Don't forget: trip listings are now exclusively online! There are several ways to locate AMC trips, both those organized by Boston chapter members, as well as those available to the greater AMC community.

For Boston Chapter trips:

Visit the *Trip Listings Digest* at <http://current.amcboston.org> where you'll always find two months' worth of trips. Or access trip information by visiting www.amcboston.org and click on *Download all trips*.

For all AMC trips (including Boston Chapter-led trips):

AMC's Activities Database (OLTL) Updates have launched! AMC's activities database, activities.outdoors.org, has some new, exciting changes to ease trip sign-up and participation. The new features, launched in April 2015, allow participants to register for trips online and receive registration confirmation via email, and help coordinate carpooling with other participants.* You can also use your account dashboard to keep track of your upcoming trips!

In order to use these new features, you will need to login to <https://activities.outdoors.org/login> with your AMC account (which is the same as the AMC Member Center account or your AMC Online store login). If you have not yet created an AMC account, go to the link above and fill in the appropriate information in the box on the left side of the screen to create one. If you have an account but have forgotten the username and password, just scroll down and click the "I forgot my username or password" link at the bottom of the screen.

**Please note: these new features are only available if the leader who posted the trip has opted to use the AMC Registration Form.*

Have a story or photos to share?

We are always interested in hearing about your AMC adventures, experiences, and outdoor tips. For submission guidelines, topics, and formats, please visit amcboston.org/eMUD/MUD_Guidelines.pdf. For further details or to submit an article, contact the Mud editors at emudadmin@amcboston.org.

Boston Chapter Executive Committee Meetings

Executive committee meetings are open to all AMC members. Boston Chapter meetings are held September-June on the first Monday of the month, from 7:15–9:15 pm, at the First Baptist Church, 848 Beacon Street in Newton Center. For more information, contact the Chapter Chair.

BOSTON CHAPTER INFORMATION

Boston chapter website:
www.amcboston.org

Questions, comments, or suggestions about the Boston Chapter? Contact the Membership Committee:
membership@amcboston.org

For membership detail changes and electronic newsletter sign-up, contact AMC Member Services:

5 Joy Street
Boston, MA 02108
1-800-372-1758
AMCMembership@outdoors.org
www.outdoors.org/membership

THE CHARLES RIVER MUD

Published 4 times a year by the AMC's Boston Chapter. Feedback and contributions from members is welcome and appreciated. Please send your trip reports, photos, articles, letters, book reviews, etc. to the Mud Communications Committee at mud12@amcboston.org.

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Complaints or comments about a chapter trip? Contact the Ombudsman:
ombudsman10@amcboston.org

Stay Up To Date On Issues Affecting the Outdoors with AMC this Summer

Reports on national and state issues affecting the outdoors we enjoy, and where our Chapters are leading trips, are all over the news these days. AMC has helpful resources to learn how the latest developments may impact the lands, rivers, and trails you use, the air we breathe even at the highest peaks, and how you can join the conversation and take action. Most of the outdoor activities in natural areas we enjoy in our region are in places that are available and beautiful because people organized and spoke up in support of protecting the lands, forests, river put-ins that we use throughout the year. Air

quality has improved for hiker health, but we have further to go and we have the challenges of addressing climate change impacts. Often protection takes federal and state funding. And ongoing protections of our high quality recreational experiences and landscapes takes ongoing vigilance.

As you head out this summer for adventure and renewal, and especially if you lead trips where others have a chance to learn about the place you're exploring, check out **AMC's Conservation Blog** to learn the latest news on issues like the Northern Pass Transmission Line,

the impacts of federal budget cuts, and fun developments like the latest "urban bird city" to be named in our region. To go one step further, take action at **AMC's Conservation Action Center** and sign up to receive updates directly.

Also, don't forget to touch base with your Chapter Conservation Chair who may have local conservation information on your Chapter website, or have access to other conservation resources that you can use such as Leave No Trace cards and contacts with partner organizations that may be hosting park, trail or river clean-ups for example.



Photo credit: Reiji James

AMC AT Trip to Iceland

Become an AMC Adventure Travel Leader

Sign up for Adventure Travel Leadership Training!

November 10–12, 2017

Visit some of the most exciting places in the world as the leader of an AMC Adventure Travel trip! This workshop provides important training to people who have AMC chapter leadership experience (no beginners) to transition from leading weekend chapter activities to more complex and longer trips,

domestically and overseas. Previous outdoor leadership training is necessary. Emphasis is on planning, cost estimating, marketing, trip management, people skills, risk management, and reporting. Includes procedures and guidelines for researching, proposing, and leading AMC Adventure Travel trips. Exchange ideas, problems, and solutions with some of AMC's most experienced and skilled leaders. Small group size assures abundant discussion and access to instructors. Click below for a registration packet—<http://www.outdoors.org/pdf/upload/LeadershipRegistrationForm2016.pdf>.

Location: Prindle Pond Conference Center, Charlton, MA

Cost: \$95 includes 1 night lodging on Saturday (Saturday lunch through Sunday lunch); \$115 includes 2 nights lodging Friday and Saturday (Saturday breakfast through Sunday lunch)

Visit www.outdoors.org/adventuretravel for more information.

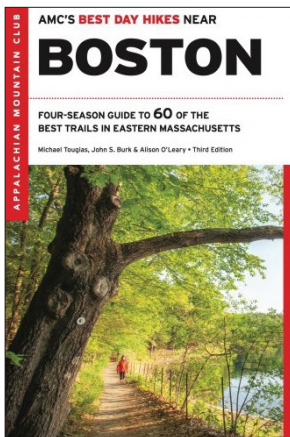
Volunteer with the Boston Chapter of the AMC!

By virtue of your zip code, you are a member of the Boston Chapter of the AMC. The Boston Chapter (and all of the 12 AMC chapters), and all of the trips and activities it offers, is run entirely by volunteers. Have you considered giving back to your Chapter? While Trip Leaders are always needed, there are a variety of opportunities for volunteers. Consider volunteering with our chapter's Trails Committee, planning events with the Membership Committee, or helping one of our Activity Committees with behind the scenes work. For more information about volunteering with the AMC Boston Chapter, please see: <http://www.amcboston.org/volunteer.html>

Volunteers needed for Chapter Communications

You can also help to build our community by volunteering with the Mud/Communications Committee. *The Charles River Mud* is always looking for your submissions of articles and photos of your experiences on AMC trips, and stories and information of interest to other Chapter members. The Mud/Communications Committee is looking for volunteers to participate on a team responsible for writing, editing, photography, design/layout, publication, and electronic communications with the Chapter. For more information please contact: emudadmin@amcboston.org

Newly Updated AMC Books



AMC's Best Day Hikes near Boston:

Four-Season Guide to 60 of the Best Trails in Eastern Massachusetts (3rd Edition)

By John Burk, Alison O'Leary, and Michael Tougias

Available for the first time in vibrant full-color, this indispensable guide has been fully revised and updated to bring you 60 of the best day hikes

in the Boston area. Whether you are an avid local hiker or just visiting the city, this book is a must-have resource for shorter walks and day-long adventures. This is not your standard Freedom Trail guidebook to Boston. *Best Day Hikes near Boston* explores the Middlesex Fells and Blue Hills, the infamously soft sands of Crane Beach and Cape Cod, and the secluded forests of eastern Massachusetts. An at-a-glance trip planner highlights the best hikes near public transportation, as well as those for kids, pets, and winter snowshoeing and skiing, while each hike description includes GPS coordinates for trailheads; information on time, distance, and difficulty; and a trail map.

"Too often we think of urban areas as being removed from nature, but this handy guide shows us how quickly we can escape the city and engage with a more verdant New England."

—Paul Hutchinson, coordinator of experience-based training, Boston University

White Mountain Guide:

AMC's Comprehensive Guide to Hiking Trails in the White Mountain National Forest (30th Edition)

Compiled and edited by Steven D. Smith

With its 30th edition, *AMC's White Mountain Guide* marks its 110th year of serving hikers. This comprehensive guidebook is the most trusted resource for the hiking trails of the magnificent White Mountain National Forest and surrounding regions. The 30th edition has been thoroughly updated and revised, prioritizing easy-to-read at-a-glance stats for every hike. You'll find accurate descriptions of more than 500 trails, plus six pull-out topographic maps with trail segment mileage, trip planning and safety information, and a checklist of New England's 4,000-Footers.

Don't miss these newly updated books, available from AMC Books (amcstore.outdoors.org)

AMC's New Medawisla Lodge and Cabins Opened July 1

New Lodging Marks Another Milestone in AMC's Maine Woods Initiative

GREENVILLE, Maine— The Appalachian Mountain Club (AMC) marks another milestone in its innovative Maine Woods Initiative as it opens its new Medawisla Lodge and Cabins near Greenville July 1, following a multi-year, multi-million dollar construction project.

"The opening of the new Medawisla is cause for celebration as we make this welcoming destination available for outdoor recreation and relaxation in the Maine woods," said Walter Graff, AMC's senior vice president and leader of the Maine Woods Initiative. "Along with local outfitters' services, neighboring camps, AMC's other lodges and outdoor skills training programs, Medawisla adds to the region's growing nature-based tourism opportunities."

Open to the general public, Medawisla offers a range of overnight options, including deluxe cabins with private bath, traditional cabins with shared bath, and bunkhouses. Dinner, breakfast, and trail lunches are included in most cabin rates, and linens and hot showers are available. Several cabins and one bunkhouse include kitchens, providing a self-service option for guests who wish to prepare their own meals.

The site features a waterfront pavilion, a new central lodge with water views, and nine new private cabins in waterfront and hilltop locations. Cabins feature Maine-made woodstoves, screened porches, and gas lamps. Meals are served in the central lodge, which



Photo credit: Appalachian Mountain Club

Medawisla is off the grid and solar panels provide power for electrical needs.

also houses a wood-fired sauna for wintertime use.

Located on the shores of the Roach River and Second Roach Pond near Kokadjo, Medawisla offers a wide variety of recreational options. "Guests can enjoy swimming, paddling, mountain biking, and fishing for brook trout and land-locked salmon," said Dan Rinard, AMC's Maine Woods Initiative operations manager. "An extensive network of trails traverses the property for hiking, cross-country skiing, and mountain biking." The opening of the new Medawisla means that this coming winter, a popular, groomed, lodge-served cross-country ski network will once again become available, as Medawisla is connected via trail with the family-owned West Branch Pond Camps and AMC's Little Lyford Lodge and Cabins and Gorman Chairback Lodge and Cabins. Guests can drive to Medawisla and start their lodge-to-lodge ski adventure from there, enjoying the overnight accommodations and related amenities offered at each location.

AMC's Maine Wilderness Lodges are key components of the organization's Maine Woods Initiative, a unique approach to land conservation in Maine's 100-Mile-Wilderness region that combines outdoor recreation, resource protection, sustainable forestry, and community partnerships. To date, AMC has purchased and permanently conserved nearly 75,000 acres of forest land, all open to the public; created more than 130 miles of recreational trails and opened three sporting camps to the public, established a Forest Stewardship Council-certified sustainable forestry operation that employs local forest products workers and supplies local mills, and developed partnerships with local Piscataquis County schools.

Reservations for AMC's Medawisla Lodge and Cabins and other AMC destinations can be requested online at www.outdoors.org/lodging-camping/Lodges/medawisla/index.cfm, or by calling (207) 358-5187.

Wilderness First Aid and Recertification

Saturday, September 16 –
Sunday, September 17, 2017

Concord, MA

The Wilderness First Aid (WFA) course will help you prepare for the unexpected. This fast-paced, hands-on training is designed to meet the needs of trip leaders, camp staff, outdoor enthusiasts and individuals working in remote locations. It will introduce you to caring for people who become ill or injured far from definitive medical care. Classroom lectures and demonstrations are combined with realistic scenarios where mock patients will challenge you to integrate your learning. At the end of the course, you'll have the knowledge, skills and ability to make sound decisions in emergency situations.

This class will be held at the beautiful Thoreau Club in Concord, MA (www.thoreau.com) Course days run from 8:00 am to 5:00 pm.

For more information and to register:
<https://regi.amcboston.org/1628>



Photo credit: Richard Mischezney

A Wilderness First Aid scenario

AMC Boston Chapter Executive Committee

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Family
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Forty Plus
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Young Members
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