

THE Charles River Mud

APPALACHIAN MOUNTAIN CLUB / BOSTON CHAPTER :: www.amcboston.org

JUNE 2008 / VOL 33, NO 06

TRIPS AND ACTIVITIES

Bicycling

(NOTE: Helmet & bike w/ tires checked in good working condition req. on all Boston Chapter rides. Tool kit rec.)

SERIES: FRI. APR. 4-OCT. 31 FRIDAY MORNING SERIES – Weston (Int.) (Bicycling). Meet 10 AM in front of Weston Town Hall. Apr. rides 15-20 mi., increasing to 30+ mi. by Oct. Rolling terrain maybe a few hills. Snow, rain, or temp below 40 cancels. For more info., contact Coordinator Elsa Lawrence. Ls and CLs needed. Dir.: From Rte. 128, take exit 26 and follow 20 W for 1.4 mi. then bear R onto Boston Post Rd. After about 0.4 mi., pass the Common on R and turn R on Townhouse Rd. L Elsa Lawrence (617-796-8933 before 10 PM; etlaw144@gmail.com).

TUE. MAY 13-AUG. 26 TUESDAY EVENING BIKE RIDES (EASY) (BICYCLING). Weekly series of mod. paced (10-13 mph, average) rides of 12-15 mi. in Metro W area. No reg. Meet 6:15 PM. Rides leave 6:30 sharp. Rain cancels. See weekly dates for dir. Din. at local restaurant often follows ride.

THU. MAY 15-SEP. 25 THURSDAY NIGHT BIKE RIDE SERIES (INT./ADV.) (BICYCLING). 20-24 mi., mostly in the Boston western suburbs. Maps and/or cue sheets provided. Riders should be able to fix a flat and complete the ride in about 1.5 hrs. Pace of ride is int. (13-16 mph) and adv. (16+ mph). Din. at local restaurant often follows ride. Steady rain cancels. Meet at 6 PM for 6:15 sharp departure. See weekly listings at www.amcboston.org/bicycle/calendar.php for varying ride start locations, Ls and late breaking updates. Ls and CLs are needed to fill out the calendar! For more info., contact Mike Barry (617-257-2251).

Receive the Charles River MUD Electronically

If you plan activities online and via email, or enliven your life by reading online articles and reports, don't miss the opportunity to get the Charles River Mud online! You can now sign up to receive the MUD electronically each month. You will get an email message at the beginning of each month that will contain a link to a PDF file of the MUD in the convenient new 8.5" by 11" format you see in front of you – easier to print or read on the screen and save paper. Do you need convincing? There are many advantages:

- Timeliness** A perennial problem with the distribution of the MUD is the unpredictable delay in getting it to you. To make the mailing cost affordable, we must use a bulk mail rate. Think of it as "last class mail." Some post offices are timely, some take many days and some are simply unpredictable from month to month. With electronic distribution you'll have the trip listings and articles minutes after we post the emails.
- Access** If you live part of your life online, you'll value having immediate access at your fingertips, and knowing that you cannot lose your paper copy of the newsletter.
- Color** Printing costs preclude the use of color in the printed newsletters. However, the online versions will feature the use of color and color photographs.
- Conservation** If you switch from snail mail to electronic delivery and viewing, you will save trees and the process of making them into paper.
- Cost** The Boston Chapter spends a significant amount of its financial resources on printing and mailing the MUD on paper each month. By electing electronic distribution, we'll be able to put our resources to new and better uses.

Note: This is an invitation, not an edict. Some members will be unable to receive email, or uninterested in this option. We are not going to abandon the printed newsletter. Period. You can try out the new electronic format and if you don't like it you can go back to paper delivery. We hope the electronic distribution will be popular, and we'll be able to reduce our printing and mailing costs over time. To sign up go to the following URL and follow the instructions: <http://amcboston.org/eMUD/index.html>. Email any questions and comments to eMudAdmin@amcboston.org.

IMPORTANT INFORMATION: BOSTON CHAPTER TRIPS

Boston Chapter volunteers lead the following activities. Volunteer leaders do their best to facilitate safe, quality events. Your participation in these trips, however, acknowledges that there are inherent risks in any outdoor activity that cannot be entirely eliminated. You will therefore be required to sign a liability waiver to participate in any AMC event other than social activities. To view the liability waiver and the AMC "Leadership Requirements and Guide-lines" which all

AMC leaders follow, go to www.outdoors.org/volunteers/leadership/. Organizers of activities are not paid, nor take any personal profit, for running a particular event. However, when funds are collected for food and/or lodging, a portion of each participant's trip fee could possibly be used to subsidize the organizers' expenses. If the trip is being run at a facility owned by a leader, it will be designated with the following code: LOF (Leader Owned Facility).

KEY TO TRIP RATINGS

Many of our trips have ratings, indicated by a code immediately following the trip name. Please look under the relevant activity type below for a description of these ratings. Distances and terrain will vary.

Bicycling:

Easy: 10-13 m.p.h. average speed

Int.: 13-16 m.p.h.

Adv.: 16 and over m.p.h.

Day Hikes and Backpacks:

First letters indicate mileage:

AA=13 miles and over

A=9 to 13 miles

B=5 to 9 miles

C=under 5 miles

Number indicates L's pace across "average" terrain:

1=very fast (2.5 mph+)

2=fast (2 to 2.5 mph)

3=moderate (1.5 to 2 mph)

4=leisurely (0 to 1.5 mph)

Last letters-terrain:

A=very strenuous

B=strenuous

C=average

D=easy

Note: Two letters at end indicate a terrain level between the values. Actual trip pace may differ from pace number if trip terrain is not "average". Terrain ratings may not match Connecticut or Southeastern Mass. values. Backpacks rate the most difficult day of hiking planned.

Sea Kayaking:

Intro: Trips with instructional focus lead with the assistance of a professional outfitter who also provides boats and basic gear; no exp. req.

L1: Easier trips in mostly protected waters. Req. Intro Instruction or equiv. exp. inc. familiarity with strokes, maintaining a steady pace/heading, and wet exit demo.

L2: Int. trips with wind and wave exposure. Req. exp. that inc. rescues, solid strokes/braces, and maintaining pace heading in ocean conditions for extended periods.

MON. JUNE 2 MON. EVENING RIDES (EASY) (BICYCLING). 12-22 mi. at 11-13 mph, somewhat hilly evening ride. Departs from the Duck Feeding area at the intersection of Rte. 128 and Rte. 30. Arrive at 6 PM to leave promptly at 6:15. L Barbara Bix (Barbara@bbmarketingplus.com).

TUE. JUNE 3 TUE. EVENING RIDE: LINCOLN (EASY) (BICYCLING). See Tue. Evening Bike Rides above for details. Meet at primary school pkg. lot off Lincoln Rd. in Lincoln. From Rte. 2 Lincoln exit, go about 2

mi. to Lincoln Public Schools sign on R. Turn R into driveway, taking second L at Enter sign into pkg. lot. School is 1/2 mi. before Lincoln Mall. L Brenda Barry (781-373-1933 before 9 PM; bebarry@com cast.net), CL Karen Brody (617-926-0927 before 9 PM; kbrody bel@aol.com), CL Joyce Bailey (781-643-8681 before 9 PM; Joyce.Bailey@umassmed.edu).

THU. JUNE 5 THURSDAY RIDE – STOW (INT.) (BICYCLING). See series description above. Meet at 6 PM in Stow for 15 mi. ride through Acton, Harvard and Stow. L Mary Hunt (978-568-8859, 8-9 PM; msjhunt@verizon.net), CL Laura Mattei (lymattei@yahoo.com).

FRI. JUNE 6 FRI. MORNING SERIES – WESTON (INT.) (BICYCLING). See series description above. L Len Weiss (617-277-8403; lenweiss@rcn.com).

SAT. JUNE 7 BIKING BY THE EAST BAY RI BIKE PATH (EASY) (FORTY PLUS). Ride the East Bay Bike Path from E. Providence to Bristol RI. A scenic 28-mi. tour through many lovely small towns along Narragansett Bay and return. Mostly flat terrain. Rain cancels the ride. L Ken Samoylenko. Reg. w/ CL Dorothy Halsey (508-655-3036; dhalsey@lasell.edu).

SUN. JUNE 8 NASHUA RIVER BIKE TRAIL (EASY) (FORTY PLUS). Explore the rail trail from Groton to Nashua and beyond for some 20-25 mi. Terrain is mostly flat. Opt. dinner following the ride at Ken's American Cafe in Littleton. Rain cancels the ride. Reg. w/ L Maxine Taymore by June 9 (978-777-5707; maximax5707@yahoo.com).

MON. JUNE 9 MON. EVENING RIDES (EASY) (BICYCLING). SEE JUNE 2.

TUE. JUNE 10 TUE. EVE RIDE: WESTON/NEWTON DUCK FEEDING (EASY) (BICYCLING). See Tue. Evening Bike Rides above for details. See Mon. June 2 for directions to Duck Feeding area. L Brian Campbell (978-256-2470 before 9 PM; briancam@cox.net), CL Jeff Barrell (jbarrell@yahoo.com), CL Bogie Dumitrescu (978-761-0574 before 10 PM; bogie_boston_bike@nordia.us).

THU. JUNE 12 THU. RIDE – LOCATION TBA (INT./ADV.) (BICYCLING). See series description above.

FRI. JUNE 13 FRI. MORNING SERIES – WESTON (INT.) (BICYCLING). See series description above. L Benji Fisher (781-237-3120 before 11 PM; benji@member.AMS.org).

SAT. JUNE 14 HOLLIS NH AND NEARBY (EASY/INT.) (BICYCLING). Ride the roads of Hollis and nearby towns. Ride leader

for the 28 mi. ride averaging 12/13 mph and waiting at occasional corner to re-grp. Cue sheets avail. for the 40 and 50 mi. rides, but possibly no ride L. If weather is questionable, please call to confirm. Directions: Meet at Hollis Village Market Place on Ash St. From Rte. 3 take exit 6W to Rte. 130. Follow Rte. 130 for approx. 5 mi. bear R after Brookdale Fruit Farm, Market Place will be about 1/4 mi. on your R. Reg. not req. Ride starts at 10:30 AM. L Marguerite Orazi (603-894-7294; mjorazi@aol.com).

TUE. JUNE 17 TUE. EVE RIDE: CONCORD CENTER (EASY) (BICYCLING). See Tue. Evening Bike Rides above for details. L Jon Grand (617-566-1849; jhgrand@verizon.net), CL Carla Schwartz (carlalist@gmail.com), CL Magdalen Cantwell (617-470-1885; cantwell6@verizon.net).

THU. JUNE 19 THU. RIDE – CARLISLE (INT./ADV.) (BICYCLING). See Thur. Evening Bike Rides above for details. L Dennis Blejer (978-443-1743 before 9 PM; blejer@l.mit.edu).

FRI. JUNE 20 FRI. MORNING SERIES – WESTON (INT.) (BICYCLING). See series description above. L Jeff Parker (617-795-2300 before 9 PM; jeffp@middlebury.edu).

TUE. JUNE 24 TUE. EVE RIDE: WESTON HIGH SCHOOL (EASY) (BICYCLING). See Tue. Evening Bike Rides above for details. L Jeri Schefts (781-893-0467 before 9 PM; jeri@alum.bu.edu), CL Ingrid Shuttleworth (617-576-2542 before 10 PM; ishuttle@aol.com).

THU. JUNE 26 THU. RIDE – LINCOLN (INT./ADV.) (BICYCLING). See series description above. L Benji Fisher (781-237-3120 before 11 PM; benji@member.AMS.org).

FRI. JUNE 27 FRI. MORNING SERIES – WESTON (INT.) (BICYCLING). See series description above. L Elsa Lawrence (617-796-8933 before 10 PM; etlaw144@gmail.com).

FRI. JULY 4 FRI. MORNING SERIES – WESTON (INT.) (BICYCLING). See series description above. L Len Weiss (617-277-8403; lenweiss@rcn.com).

FRI.-MON. JULY 4-6 ANNUAL TOTALLY CASUAL NANTUCKET BIKE WEEK-END (BICYCLING/INTRO). Come to "America's Most Historic Island" for the 4th of July-a great way to start the summer! Two days of biking, beaching, and relaxing in the company of non-goal-orientated folks. There will be fireworks w/the dark sky of a new moon. Stay in the hostel by Surfside Beach (easy walk to the ocean). Bike 25-30 mi. along mildly rolling bike trails and back roads each

day w/ opportunities for swimming. Return home on a sunset ferry. Reg. early to assure your place; \$124 covers lodg., 2 brkfst. and Sat. din. L Bruce Ressler (508-435-9633 before 9 PM; bruce.ressler@alum.mit.edu), CL Joyce Bailey (781-643-8681 before 9 PM; Joyce.Bailey@umassmed.edu).

TUE. JULY 8 TUE. EVE RIDE: CONCORD NORTH BRIDGE (EASY) (BICYCLING). See series description above. L Susan Grieb (781-275-3991 before 9 PM; slgrieb@comcast.net), CL Jack Donohue (781-275-3991 before 9 PM; jmdonohue@alum.mit.edu).

THU. JULY 10 THU. RIDE – LOCATION TBA (INT./ADV.) (BICYCLING) See series description above.

Fri. July 11 Fri. Morning Series – Weston (Int.) (Bicycling). See series description above. L Jeff Parker (617-795-2300 before 9 PM; jeffp@middlebury.edu).

SUN. JULY 13 TIVERTON/LITTLE COMPTON RI (EASY) (FORTY PLUS). Beautiful ride of approx. 28 mi. on country roads with wonderful views. Flat with one long hill at end. Stop at ocean beach for swim and relaxation. Please bring lunch, water, bathing suit, towel, etc. Rain cancels the ride. L Laura Bernstein. Reg. w/CL Dorothy Halsey (508-655-3036; dhalsey@lasell.edu).

TUE. JULY 15 TUE. EVENING RIDE: LINCOLN (EASY) (BICYCLING). See series description above. L Karen Brody (617-926-0927 before 9 PM; kbrodybel@aol.com), CL Joyce Bailey (781-643-8681 before 9 PM; Joyce.Bailey@umassmed.edu).

ADVANCE NOTICE

FRI.-SUN. AUG. 1-3 RIDING THE NH “NORTHERN WOODS” (EASY/INT./ADV.) (BICYCLING/YOUNG MEMBERS). 30-60 mi. mod. paced road rides in the scenic farming country of NH. Generally hilly to rolling terrain w/ some flat sections along the CT river. Fee inc. 2 brkfst., 1 din., and 2 nights at Applebrook B&B in Jefferson NH. ~ cost \$135-180 ppdo. Reg. w/ CL Laura Mattei (lymattei@yahoo.com). L Mike Barry (617-257-2251; mikebarry657@mac.com).

FRI.-SUN. AUG. 8-10 MARTHA'S VINEYARD CAMPING & BEACHING (BICYCLING) (INT.). We'll have exclusive use of a private campground in Chilmark. Explore the island on your own or w/grp. Swim, walk, and relax on beautiful beaches. Be comfortable riding 15-35 mi./day, some hills. Panniers helpful, ltd. sag wagon support for your gear on Fri. only. Leave your car on the mainland: bikes only! \$85 inc. 2 nights tent site fee, 2 brkfst., Sat. boiled lobster/seafood feast.

Option to extend the weekend a few days for additional fee! Pkg. on mainland and ferry cost approx. \$40 extra. L Glenn Ketterle (617-253-9423 work), L Bob Savage, L Mitch Silverman, L Jacqui Sweeney (617-924-4638, 7-9:30 PM only)

Day Hikes and Backpacking

FRI.-SUN. MAY 30-JUNE 1 POETRY AND NATURE-HIKING AND WRITING WORKSHOP (INTRO). See trips.outdoors.org/index.cfm/method/Chapter_Trips.full-view/tripid/11984/preview/previewfor details.

FRI.-SUN. JUNE 6-8 MODERATE HIKING IN JEFFERSON NH (INTRO). Join the Ls on a fun weekend hiking 5-7 mi. each day at a mod. pace. Enjoy the warmer weather and camaraderie of like-minded hikers. We will be staying at cozy Applebrook Bed & Brkfst. Cost \$145 inc. 2 nts. lodg. (dbl. occ.), 2 brkfst., 1 Sat. night din., 1 HH. Reg. w/ L Elaine Kerrigan (gowithinyoga@aol.com; 781-335-5464). L Fran Scullin.

SAT. JUNE 7 FLUME VIA OSSEO TRAIL (A3B) (HIKING & BACKPACKING). The “other way” up Mount Flume w/ fine views of the Pemigewasset Wilderness. 11 mi. w/ 3150' gain. Reg. w/ CL Brian Glenn (brian_glenn@emerson.edu; 617-780-0669 before 10 PM). L Bob Kittredge.

MON.-THU. JUNE 9-12 AT SECTION HIKE (FORTY PLUS). Hike the AT from the CT border to the Mass Pike. We will hike about 10 mi. a day for 4 days and be off the trail each night. This section covers some relatively low mountains, but w/ some excellent views from the peaks. Contact L Dave Harris (603-340-4128; nhhiker2@comcast.net), CL Ken Nagy.

FRI.-SUN. JUNE 13-15 HARVARD CABIN (B3B) (HIKING & BACKPACKING). Instructional beg./int. day-hikes in the White Mtns. Stay at rustic cabin for social evenings. Gourmet group cooking of Sat./Sun. brkfst.; Sat. HH & din. \$60 memb./\$65 nonmemb. Priority to participants in the HB Spring Hiking Program [SHP]. Reg. w/CL (june08hc@hbbostonamc.org) and include your phone # in message. Ls Dan Westerberg (lefthandblue@gmail.com) and Gary Schwartz (gary.schwartz@pobox.com).

FRI.-SUN. JUNE 13-15 VERMONT HIKING WEEKEND (INTRO). Join us for a weekend of hiking and relaxation in the Green Mountains of VT. The hikes will be 5-8 mi. at a mod. pace w/ breath-taking views and plenty of time to relax and enjoy nature whether it is on the trail or at the pool. 2 nts. lodg., 2 brkfst., Sat. night din. and HH. We will stay

THE CHARLES RIVER MUD

is published 12 times a year by the AMC's Boston Chapter. We welcome feedback and contributions from members. Send articles, photos, trip reports, letters, and book reviews to Keith Moore at mud@amcboston.org no later than the first of the month preceding the month of publication.

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BOSTON CHAPTER
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Save the Date: Fall Gathering October 17-19, 2008

Take a journey to the head of the Chesapeake Bay, only 40 minutes from the end of the New Jersey Turnpike, and enjoy the hospitality of the Washington, D.C. chapter. Don't miss this opportunity to enjoy AMC-style fun hosted by our southernmost chapter. Details are available at www.amc-dc.org/.

at the Blue Gentian Lodge (www.bluegentian@adelphia.net) in Londonderry VT. \$150 p.p.d.o. L Fran Scullin (401-233-2163; hikerfran@cox.net), CL Anna Panszczyk.

SAT. JUNE 14 CANNON MT., NH (FORTY PLUS). As this is a strenuous 4000 ft., robust hiking exp. this past year is req. Approach will be up the Kinsman Ridge Trail side of the mountain descending via Hi-Cannon Trail (ladders) (6.2 mi. RT, 2300' elev. gain, 4:15 hrs.). Could encounter mud around Lonesome Lake. Waterproof boots and gear req. Contact L Barbara Fay (bfamc@verizon.net; 617-247-2119). CL Dawn Jones.

SAT. JUNE 14 EISENHOWER & MONROE (HIKING & BACKPACKING) (A2B). We'll spot cars for this popular summertime hike in the southern Presis. 9 mi. and 3350' of climbing, with great views from the ridge. Reg. w/L Kevin Fredette (kevin_fredette@comcast.net). Other L Erik Abel (ejabel@gmail.com).

SAT. JUNE 14 LONG TRAIL SERIES (AA2B) (HIKING & BACKPACKING). Hike about 15 mi. on Vermont's Long Trail. Waterproof boots req. Not suitable for beg., but newcomers to the Series or day trippers w/ exp. are welcome. Reg. w/ CL Carol Venezia (amclthiker@hotmail.com). For info., contact L Mark Warren (617-233-1520; markwarren@mmwarren.com).

SUN. JUNE 15 LONG TRAIL SERIES (A2B) (HIKING & BACKPACKING). Hike about 10 mi. on Vermont's Long Trail. Waterproof boots req. Not suitable for beg., but newcomers to the Series or day trippers with exp. are welcome. Could be combined with Sat.'s Long Trail hike. Reg. w/CL Carol Venezia (amclthiker@hotmail.com). For info. contact L Mark Warren (617-233-1520; markwarren@mmwarren.com).

SUN. JUNE 15 THREE SISTERS IN FRANCONIA NOTCH AND LUPINE FESTIVAL IN SUGAR HILL NH (FORTY PLUS). Easy, short hike. Can be combined with June 14 trip. See above for contact info. Website for festival: www.Harmonscheese.com/lupine.

SUN. JUNE 15 HIKE SANDWICH MT. FOR LUNCH (FORTY PLUS). Join us on an 8.3-mi. loop hike up Sandwich Mt. and Jennings Peak via Sandwich Mt. and Drake's Brook trails. 2600' gain. Almost 4000 ft. but equally demanding. Steep climb rewarded w/ fine views over the valley. Reg. w/ CL Alice McDougall (allicemcdou@aol.com); L Leslie Greer.

WED. JUNE 18 MIDDLE OF THE WEEK MT. MONADNOCK HIKE (3165) (FORTY PLUS). Open peak offers spectacular views.

5-mi. loop, 1650' gain, 4:30. Mod. to strenuous hike leaving from Old Toll Road Pkg. Lot. Old Toll Road to Fairy Springs to Smith bypass to Smith Summit. Return-White Dot to Smith Connecting to Cliff Walk to Do Drop. Reg. w/L Linda Greco (781-729-8046; mysaahb@comcast.net). CLs Lloyd Tarlin (bltarlin@msn.com), Janet Spriggs.

FRI.-SUN. JUNE 20-22 HIKES IN N. WOODSTOCK (FORTY PLUS). Sat. Mt. Tripyramid, 2800' vertical ascent with excellent views. Strenuous. Recent hiking exp req. plus stamina. 9-mi. RT. Stay at Lexington Ski Club Reg. w/CL Jim Fearnside (jim_fearnside@juno.com; 781-862-2696). L Don Provencher.

FRI.-FRI. JUNE 20-27 WHITE MOUNTAIN ADVENTURE-HUT-TO-HUT HIKING & CANOEING (INTRO). Full day canoe trip on Squam Lake w/ 4-day, 3 nts. hut-to-hut hike. Hike up Mt. Washington (2 nts. Lakes of the Clouds Hut). From Lakes Hut hike to Mizpah Hut. Hike Mt. Jackson returning to Crawford Notch. Cost: \$600-\$650 (16 max. participants) inc. 3 hut nts., 4 nts.-Pembroke Lodge (LOF) Woodstock NH, brkfst., dins., & canoe/kayak rental. Contact Kathy Didier (603-726-3553; kdidier@suchmail.com), Ls Nancy & Bob DiMeo (BNDimeo@charter.net; 978-649-6255). Copy Nancy DiMeo on all e-mails (BNDimeo@charter.net) to ensure a response.

SAT. JUNE 21 HAYSTACK LINCOLN LAFAYETTE TRIO (A2B) (HIKING & BACKPACKING). Perennial favorite day hike for fit int. hikers w/ recent 4000 ft. exp. Reg. w/ L Marlene Heroux (hike917@yahoo.com; 781-279-3380) or Barbara Amoroso (barbaraamoroso@yahoo.com; 781-321-1620).

SAT. JUNE 21 PRESIDENTIAL TRAVERSE (AAAA2B) (HIKING & BACKPACKING). You've heard of people doing this, you've seen the listings for this trip. Is this going to be the year you're going to join the Ls and the hiking hounds and sign up for it? Expect a very early start and a long day as we do all the peaks of the presidential range in one day. We'll meet up there Fri. night to spot cars. L Joe Comuzzi (978-448-9837; jcomuzzi@kateharper.com), L Robin Melavalin (617-780-5362; rmelavalin@rcn.com). Reg. w/CL Brian Glenn (617-780-0669; brian_glenn@emerson.edu) or CL Jeanne Eisenhauer (jeisenhaure@gmail.com).

SAT. JUNE 21 HIKE MT. FIRESCREW AND MT. CARDIGAN IN ALEXANDRIA NH (FORTY PLUS). Approx. 5.5 mi. with 1800' of elev. gain over Great views from open summits. CL Penny Blevins. Reg. w/L Tom Pettingill (978-346-9053;

tompsubs@yahoo.com).

SUN. JUNE 22 MT. MOOSILAUKE (FORTY PLUS). 4802' Mod. to strenuous. 7.6-mi. RT mostly via Carriage Road. Contact L Barbara Fay (bfamc@verizon.net; 617-247-2119). Lodg. Fri.-Sun. at Lexington Ski Club, \$40 inc. 2 brkfst., Sat. din. and appetizers at HH. CLs Jim Fearnside and Don Provencher.

TUE.-FRI. JUNE 24-27 PRESIDENTIAL TRAVERSE, HUT TO HUT (FORTY PLUS). For exp. hikers. Come join us on a 4-day, 3-night ridgeline traverse of the Northern and Southern Presidentials. An opportunity for 8 peaks over 4000' with spectacular views. Cost of \$230 inc. 3 brkfst., 3 dins., and lodg. in Madison, Lakes and Mizpah AMC huts. Ltd. to 8 participants. Reg. w/L Nelson Caraballo (NelsonNEC1@aol.com; 617-548-8579). L Don Provencher.

SAT. JUNE 28 HIKE MT. FLUME (4328) VIA WILDERNESS AND OSSEO TRAILS (FORTY PLUS). 11.2 mi., 3150' gain, 7:10. Mod. grades but a long day make this a strenuous hike. Reg. w/L Lloyd Tarlin (bltarlin@msn.com). CLs John Schmitz, Michael Swartz.

SAT. JUNE 28 MADISON VIA PINE LINK (B2B) (HIKING & BACKPACKING). An interesting trail that provides an unusual variety of views from its outlook ledges. WMG. 8 mi., 3900' Reg. w/L (Bob Kittredge@gmail.com; 617-965-4254 before 9 PM). CL Lisa Verrochi.

SAT. JUNE 28 SUMMER BEGINNER HIKING SERIES: MT. KEARSARGE NORTH TRAIL (B3C) (HIKING & BACKPACKING). 6.2 mi. w/2600' elev. Challenge yourself with this steady mod. climb for fine views! Opt. to car camp & join Sun. hike. Reg. w/L Mike Seward (mjseward@aol.com). Other L Gail Ferreira (gailferreira@hotmail.com).

SUN. JUNE 29 EAST POND AND LITTLE EAST POND FROM NORTH TO SOUTH (FORTY PLUS). 7.3 mi. and 1500' elev. May be combined with Flume Mt. hike on Sat. A cool-down from Sat.'s Flume Hike. Nice walk through the notch between Osceola and Scar Mountains to East Pond and Little East Pond. We will spot cars on Tripoli Rd. and do this trail as a one-way hike. L John Schmitz (jschmitz@alum.mit.edu). CL Lloyd Tarlin.

SUN. JUNE 29 SUMMER BEGINNER HIKING SERIES: S. MOAT VIA MOAT MTN. TRAIL (B3C) (HIKING & BACKPACKING). 5.4 mi., 2300' elev. Join us for a mod. hike with spectacular views of the Moat range from open ledge at the summit. Opt. to join Sat. Hike and/or car camp Sat. eve. Reg. w/L Mike Seward (mjseward@aol.com). Other

L Gail Ferreira (gailferreira@hotmail.com).

THU.-SUN. JULY 3-6 INDEPENDENCE DAY HOLIDAY IN THE WHITES (INTRO). Hikes at an int. pace (4000' ftrs.) plus novice level with elev. gains of < 1600'. Sat. night, we go to the Peppermill Theatre in Lincoln NH to see "All Shook Up" musical based on Shakespeare's "Twelfth Night" but inspired by Elvis Presley's music. Stay at Pembroke Lodge (LOF) in Woodstock NH. \$270 covers lodg., theater ticket, 3 brkfst. & 2 dins. Reg. early-space ltd. Ls Kathy Didier (603-726-3553; kdidier@suchmail.com), Nancy & Bob DiMeo (BNDimeo@gmail.com; 978-649-6255), Carol Fyfe (fyfecarol@hotmail.com; 781-944-0221).

FRI. JULY 4 MT. MONADNOCK NH (LOCAL WALKS). 4 mi., mod. to stren. classic New England hike. Meet at Sears in Burlington Mall for carpool at 8 AM or at Mt. Monadnock gift shop at 10 AM. Bring lunch, water, hiking boots. Rain cancels. L Nick Palky (781-933-8783; NickPalky@hotmail.com).

SUN. JULY 6 COVALENT BONDS (PLUS ONE IONIC ZEALAND) (AA2A) (HIKING & BACKPACKING). One day Bonds traverse; 20 mi. and 4500' of elev. gain. Not for the faint of heart or weak of knee. A long day for fit hikers but very rewarding. Early morning start so staying up north is rec. Ls Robyn Churchill (robyncnm@gmail.com) and Dave Metsky (metsky@yahoo.com). Reg. w/CL Jeanne Eisenhaure (jeisenhaure@gmail.com).

SAT. JULY 12 MT. OSCEOLA AND EAST OSCEOLA FROM KANCAMAGUS (FORTY PLUS). Two 4000' peaks from a different starting point than usual. Greeley Ponds and Mt. Osceola trails. Strenuous hike of 7.6 mi., 2750' elev. gain, and multiple stream crossings. Reg. w/L Wayne Cardoza (603-673-2518; wmc_ama@comcast.net). CLs TBD.

SAT. JULY 12 ISOLATION (AA2B) (HIKING & BACKPACKING). Join the Ls and Porkchop and Paprika (the hiking hounds) for this 14.6 mi. hike to a beautiful summit with great views of the presidentials. Can be combined with Ls' Sun. hike, contact L Joe about accommodations (\$6/person/night). L Joe Comuzzi (978-448-9837; jcomuzzi@kateharper.com), CLs Robert Freed (H: 617-441-9080; w-r-freed@comcast.net), Robert Slavin (raslavin@statestreet.com).

SAT.-SUN. JULY 12-13 LONG TRAIL SERIES (AA2B) (HIKING & BACKPACKING). Backpack about 20 mi. on Vermont's Long Trail. Stay at or near established shelter Sat. night. Waterproof boots, meals and overnight gear req. Not suitable for beg., but able newcomers to the Series are welcome. Reg. w/CL Ben Nidus (amclthiker@hotmail.com). For info., contact L Mark Warren (617-233-1520;

AMC Boston Chapter Executive Committee and Committee Chairs

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Young Members

Gina Adams
ymchair@amcboston.org

markwarren@mmwarren.com).

SUN. JULY 13 HANCOCK AND SOUTH HANCOCK (A2B) (HIKING & BACKPACKING). Join the Ls and Porkchop and Paprika (the hiking hounds) for this 10 mi. hike to 2 summits in the Pemi. Can be combined with Ls' Sat. hike, contact L Joe about accommodations (\$6/person/night). L Joe Comuzzi (978-448-9837; jcomuzzi@kateharper.com), CLs Robert Freed (H: 617-441-9080; w-r-freed@comcast.net), Tom Meyer (tomdmeyer@gmail.com).

ADVANCE NOTICE

FRI.-SUN. JULY 18-20 GENTLE HIKING & SUMMER THEATER WEEKEND IN THE WHITES-PART 1 (INTRO). Five mile hike to scenic overlook in Whites. Enjoy Sat. dinner at restaurant and Papermill Theater to see the musical "Forever Plaid" an entertaining musical mix of 1950's and 1960's rock n' roll w/ show and dance tunes. Sun. hike to nearby Georgiana Falls or similar hike. Stay at Pembroke Lodge (LOF) in Woodstock NH. \$160 covers lodg., theater ticket, 2 brkfst. & restaurant din. Reg. early w/ L Kathy Didier (603-726-3553; kdidier@suchmail.com) or L Marilyn Pomerantz (marilyn@firstmark.com; 603-726-3144).

FRI.-SUN. AUG. 8-10 GENTLE HIKING & SUMMER THEATER WEEKEND IN THE WHITES-PART 2 (INTRO). Five mile hike to scenic overlook in the Whites. Enjoy Sat. dinner at restaurant and Papermill Theater to see the musical "The Full Monty". The Americanized musical production adapted from the 1997 British film. Sun. hike to nearby Georgiana Falls or similar hike. Stay at Pembroke Lodge (LOF) in Woodstock NH. \$160 covers lodg., theater ticket, 2 brkfst. & restaurant dinner. Reg. early w/ L Kathy Didier (603-726-3553; kdidier@suchmail.com) or L Marilyn Pomerantz (603-726-3144; marilyn@firstmark.com).

SAT.-SUN. AUG. 23-24 PEMI TRAVERSE (AA3A) (HIKING & BACKPACKING). Flume, Liberty, Lincoln, Lafayette, Garfield, Galehead, West Bond, Bond, and Bondcliff, all in 2 days with an overnight at Garfield campsite. Wow! This is a tough but not killer backpack, and the views are unrivaled. You do not need much backpacking exp., but you need to be very fit and have a great sense of humor. We will be starting early on Sat. morning and will be making overnight accomm. available at a nearby cabin (\$10 per person). Reg. w/CL Brian Glenn (brian_glenn@emerson.edu). L Silvia Zaharinova (silvia_zaharinova@yahoo.com).

SAT.-SUN. SEP. 13-14 BACKPACK UP TO MT. CARDIGAN HIGH CABIN (FORTY

PLUS). Overnight at this newly renovated rustic cabin w/ wood burning stove. We will have the cabin to ourselves to enjoy the sunset, near-full moon, and sunrise from our isolated vantage point. We can then descend either via Mt. Orange or Firescrew. \$40 covers overnight stay Sat. HH, group cooked Sat. din., and Sun. brkfst. Small group size so reg. early w/ L Tom Pettingill (978-346-9053; tomsubs@yahoo.com), L Ann Hargleroad, CL Ellen Stanley.

Fri.-Sun. Sep. 19-20 Yoga & Hiking in the White Mountains (INTRO). Connect the Mind & Body. Enjoy Hatha yoga & hiking daily surrounded by the mountains of Crawford Notch. Hikes will be 5-7 mi. \$115 covers 2 nights lodg. at Shapleigh bunk house (at Highland Center), 2 brkfst., HH, Sat. din. Reg. w/L Elaine Kerrigan (gowithinyoga@aol.com; 781-335-5464). CL Lynn Matt (lmatt2002@hotmail.com).

FRI.-SUN. SEP. 26-28 HIKING IN FALL FOLIAGE IN VERMONT (FORTY PLUS). Mt. Equinox, Catamount Trail, Long Trail are all close to Blue Gentian Lodge in Londonderry VT. Dining and shopping in beautiful, historical (Todd Lincoln House) Manchester 20 minutes away. Two nights lodg. (based on 2/room) and 2 brkfst. \$175/pp (inc. tax and gratuity). Ltd. to 8 participants. Full payment req. for Reg. Contact L Barbara Fay (bfamc@verizon.net; 617-247-2119). CL Dawn Jones (dawns@us.ibm.com).

Family Trips

ADVANCE NOTICE

FRI.-SUN. JULY 18-20 ESCAPE TO GRAPE: BOSTON HARBOR ISLANDS CAMPING (FAMILY OUTINGS). Details to follow-Ls needed. For info.: Valerie Paul (valerie@african-safari.com).

FRI.-SUN. AUG. 8-10 ESCAPE TO GRAPE: BOSTON HARBOR ISLANDS CAMPING (FAMILY OUTINGS). See above.

THU. AUG. 21-MON. SEP. 1. ANNUAL NICKERSON STATE PARK CAR CAMPING, CAPE COD (FAMILY OUTINGS).

Always a favorite! Campsites are a short walk from the beach at Flax Pond, swimming, non-motorized boating, cycling, s'mores and more. Convenient to the Outer Cape and local attractions, bike trails, and bayside beaches. Group size 25-30. Camping fee: \$16/half-site/night for 1-4 people; \$24/full site/night for 5-8 people. 4 night min. Food/fuel/wood: \$13/adult/day, \$9/child age 3-8/day, 2 or under free. \$10 overhead fee per booking. Please send preferred arrival/departure dates, name and age of all in your party. Reg. w/Jennifer Dundon (508-446-3236 eves.;

amcfamily@gmail.com).

Instruction

PADDLING—KAYAKING

SAT. JUNE 21 BASIC KAYAK SAFETY AND STROKE INSTRUCTION, NEWTON (FORTY PLUS). Learn safety and basic skills for kayaking in the quiet waters of the Charles River. From 1-4 PM, learn kayak nomenclature, how to enter, exit, and ride in a kayak, and how to paddle in something like a straight line. We will learn for 1½ hrs. or so, then have a leisurely paddle on the Charles. You will need a PFD, clothes that can get wet, snacks, water, and rental money if you need to rent a kayak from Charles River Canoe and Kayak (<http://www.paddleboston.com/rentals/rentals.php>). Ltd. to 10. You MUST Reg. by June 13 w/L John Schmitz (jschmitz@alum.mit.edu; 781-862-5787). CLs Stan Rydell and Mike DeLuca.

SAT.-SUN. JUNE 7-8 ACA TRIP LEADER'S COURSE (INTRO). The EMS Paddling School is offering the ACA Coastal Kayak Day Trip Leader's course to AMC paddling Ls and enthusiasts on the Rhode Island coast. Certification requires an add'l. assessment exam given on June 27 and ACA membership. The course is intended to provide the minimum skills and training necessary for a leader to safely lead a trip on lakes, rivers and other protected coastal environments. The cost for the course is \$190, pre-reg. is req. Ltd. enrollment. Contact L Dennis Blejer (Blejer@LL.MIT.edu; 978-443-1743 before 9 PM).

SUN. JUNE 29 STROKE AND RESCUE CLINIC (PADDLING). Designed for beg. to int. kayakers, this clinic is for everyone from the casual paddlers who wish to enjoy our many inland lakes and rivers to those who are looking for the necessary skill that will lead to more advanced kayak touring. Location: Cochituate State Park on Rte. 30 in Wayland. Contact Marjorie Bannish (413-442-0001; mbannish@verizon.net) or Tom Galvagni (413-447-7698; tgalvagni@bershire.rr.com).

PADDLING—WATER

BEGINNING WHITEWATER KAYAK INSTRUCTION (PADDLING). Series A: Pond Sessions: Tue., Thu., June 10, 12. River Trip: Sat.-Sun., June 14-15. Series B: Pond Sessions: Tue., Thu., June 24, 26. River Trip: Sat.-Sun., June 28-29. Series C: Pond Sessions: Tue., Thu., July 8, 10. River Trip: Sat.-Sun., July 12-13. Students begin w/ 2 nights on a local pond learning basic strokes and safety, and culminate w/ a weekend long kayaking/camping trip on Class I-II white-water. Students must be comfortable on and

in the water and able to transport their own gear. To apply, send your name, address, day and evening phone numbers, email, and height & weight (for boat assignment) to: Beginner Kayak Registrar, c/o Artemis Agelariidou, 40 Chaske Ave., Auburndale MA 02466. Inc. a check payable to "AMC Paddlers Committee" for payment. For questions about the class contact Packy (AMCKayak@Netscape.net; 617-388-4635). Course fees for instruction and boat rental is \$140 for AMC members and \$160 for non-members. (If you have your own whitewater boat and gear, subject to safety inspection, subtract \$60 from the fee.) Camping and meals for the weekend river trip (~\$50) are not included.

NOVICE OPEN CANOE WHITewater INSTRUCTION (TANDEM AND SOLO) (PADDLING). POND: JUNE 10, 12; WEEKEND RIVER TRIP: JUNE 14-15.

Learn basic whitewater canoe strokes and maneuvers during weeknight sessions on a local pond, then travel to a river for a weekend instructional trip on Class 1-2 whitewater. You should be comfortable on and in the water. The instruction fee is \$80 (non-memb. \$100). Camping and food will be add'l. Boat rental is available for an add'l. \$60. To register: send your day and evening phone numbers, email, brief description of paddling exp., if you wish to do tandem or solo instruction, and a \$40 deposit (non-members \$50) payable to "AMC Paddlers Committee" to: WW Canoe Instruction, c/o Julia Khorana, 3 Birch Hill Rd., Stow MA 01775. For boat rental, send an add'l. \$30 deposit and inc. your height and weight. For more info., (978-897-5124; Jkhorana@com cast.net).

SUN. JUNE 15 BASIC RESCUE AND SAFETY (PADDLING). This one-day workshop introduces open and closed boat paddlers to throw bag rescue, self-rescue and boat assisted rescue. The workshop is for Class I and II paddlers who want to develop good rescue skills and increase their self-confidence. The goal of the workshop is to provide demonstration of rescue skills and provide opportunities for the participants to exp. and practice as many skills as are logistically and safely possible. To participate, contact Larry Pottebaum (978-649-3687; lar_rypkanu@aol.com). Cost: \$2, location: Deerfield River.

SAT.-SUN. JUNE 21-22 ACA ADVANCED SWIFTWATER RESCUE COURSE (PADDLING). ACA Certified SWR Instructor Mike Gatewood is leading this 2 day workshop for boaters who have had basic rescue exp. This is your opportunity for hands on training in Advanced Swift Water Rescue techniques. Cost: \$150 (inc. instruction fee, meals and 'camping'). Location: TBA. Con-

tact Mike Gatewood. For more info: (Mike@rescueclasses.com). Also visit www.rescueclasses.com.

THU.-SUN., JULY 3-6. INTERMEDIATE WHITewater KAYAK BOOT CAMP (PADDLING). The Forks, Maine. This is a physically intense course for people who are willing to work hard to get better. If you work hard, you will make a quantum leap in your kayaking ability. Our instructors are friendly supportive people who love to kayak and teach. For info. and an application, PLEASE read the FAQ page at amcbcc.cnc.net-the answers to your questions should be there. If you really have a question that is not answered on the FAQ page, call Andy Novick (508-997-4571).

WINDSURFING

SAT. JUNE 21 BEGINNER'S INSTRUCTION (WINDSURFING). No exp. necessary. Equip. provided, one-on-one instruction at a local lake. \$55 (prepaid) p.p. inc. instruction and din. Reg. w/ L Bob Metcalf, 894 Hale St., Beverly Farms MA 01915 (robert.metcalf@ubs.com; 617-439-8590 or 978-927-0148).

SAT. JULY 26 BEGINNER'S INSTRUCTION (WINDSURFING) No exp. necessary. Equipment provided, one-on-one instruction at a local lake. \$55 (prepaid) per person inc. instruction and din. Reg. w/L Steve Sevcik, 343 Place Ln., Woburn MA 01801 (ssevcik@ptc.com).

FRI.-SUN. SEP. 26-28 FALL TRIP TO LIGHTHOUSE INN AT WEST DENNIS BEACH (WINDSURFING). Professional instruction (Petra Kanz) for all ability levels. Bring your own equip. Rooms w/bath, small fridge. Two brkfst., one din. inc. Heated pool. Seaside location. Non-windsurfing friends and family welcome. Reg. deadline is Aug. 15. For cost, reg. and more info., go to www.amcboston.org/windsurf/upcomingtrips.html. L Barbara Gruenthal (bgruenthal@yahoo.com; 617-964-3958). Registrar Russ Keene (russkeene@gmail.com).

Local Walks

No reg. unless indicated. No dogs. Non-AMC members \$1.

SUN. JUNE 1 CALLAHAN STATE PARK, FRAMINGHAM (LOCAL WALKS). Early morning walk in woods & meadows of this undeveloped park, 8:30-11:30 AM. Bring water. From Rte. 9 in Framingham Ctr., take Rte. 30W-Edgell Rd. exit, go N on Edgell Rd 0.9 mi., L on Belknap 1.1 mi. to 2nd stop sign, R on Millwood 0.6 mi. to pkg. lot on L. No reg. Rain cancels. L Jan Galloway (508-877-0330, 7-9 PM).

SUN. JUNE 1 MEADOW BROOK, HAV-ERHILL (ANDOVER). Hike ~ 4-5 mi. conservation land along the shores of Millvale Reservoir. Meet 1:30 PM at barrier, end of dirt land just after Children of Israel Cemetery. From I-495, Exit 52, take Rte. 110 E towards Merrimac. After 1 mi., turn R onto Middle St. opp. Whittier Birthplace. Dirt lane is 0.6 mi. on L. Rugged footwear suggested. Heavy rain cancels. L Deb Sager (978-663-3965; debsag@earthlink.net).

SUN. JUNE 1 HARBORWALK, DORCHESTER (LOCAL WALKS). Scenic 7-mi. walk inc. sculpture park, 9:30 AM-1:30 PM. Bring lunch. Easy return by T or 3 mi. by Dorchester Day parade route. Meet inside JFK/UMass Red Line T sta. at upper level gates. No nearby pkg. L Mike Stadelmaier (hikeinfo@yahoo.com; 617-282-3182 to 10 PM).

SUN. JUNE 1 NOANET WOODLANDS TO POWISSET FARM, DOVER (LOCAL WALKS). Walk thru woods of Noanet Woodlands to meadows of Powisset Farm, both Trustees of Reservations properties, no hills, 1-3 PM. From Rte. 95/128 exit 19 in Needham, take Highland Ave. 1.8 mi. to Needham Ctr., R onto Rte. 135 for 1 block, L onto Chestnut St. S 1.5 mi., bear R at fork onto Dedham St. 1.5 mi. to pkg. lot on L at tennis courts just past Mill Farm barn. L Jean Veigas (781-449-4324).

SAT. JUNE 7 HORN POND MOUNTAIN, WOBURN (LOCAL WALKS). Easy to mod. nature walk up Horn Pond Mountain focusing on spring wildflower ID & natural history, 9:30 AM-12:30 PM. From Rte. 95/128 exit 33A, take Rte. 3 S 3 mi., L on Pond St. 0.8 mi. to pkg. lot on L. Arrive early, pkg. ltd. Heavy rain cancels. L Boot Boutwell (781-729-4712).

Sat. June 7 Blue Hills, Milton (Local Walks). Mod. stren. 8-mi. hike on Skyline & other trails w/ some steep hills, 9:30 AM. Bring lunch, water, sturdy footgear. Meet at Houghton's Pond lot. From Rte. 93/128 exit 3, go N to stop sign at Hillside St., R 0.2 mi. to lot on R. No reg. Heavy rain cancels. L Corinne Waite (781-331-8472, 7-9 PM).

SAT. JUNE 7 WALK THE BOSTON WATERFRONT (FORTY PLUS). Walk inc. Chinatown, Moakley Court House, Institute of Contemporary Art, Black Falcon Wharf to South Boston and return. Allow 3 hrs. w/ possible stop for lunch. Call L Florence Walker (617-969-8857), CL Alice McDougall. Ltd. to 10. Heavy rain cancels.

SAT. JUNE 7 SQUAM LAKE, HOLDERNESS NH (LOCAL WALKS). Very scenic 5-mi. hike over Rattlesnake Hills (elev. 1300') & Five Finger Point to Squam Lake w/

abundant wildflowers & optional swim, 9:30 AM. Bring lunch, water & repellent. Meet at Burger King in Ashland NH, Rte. 93 exit 24. No Reg. L Christine Bird (781-646-1162, 7-9 PM by June 5; c_w_bird@earthlink.net).

SUN. JUNE 8 MIDDLESEX FELLS, MEDFORD (LOCAL WALKS). Hike 6, 8 or 14 mi.: 8 mi. in western Fells, 9:10 AM-1:30 PM, bring lunch; 6 mi. in eastern Fells, 1:45-4:45 PM. Shady route if hot. Both start at DCR Flynn Ice Rink on Woodland Rd. From Rte. 93 exit 33 in Medford, take Fellsway West (Rte. 28) N 0.5 mi., R on Elm St. 0.5 mi., L at rotary to rink on L. Bus 99 from Wellington T sta. L Mike Stadelmaier (617-282-3182 to 10 PM: hikeinfo@yahoo.com).

SUN. JUNE 8 MAUDSLAY S.P., NEWBURYPORT (LOCAL WALKS). 6-mi. hike on carriage roads of former estate overlooking Merrimack River, 10 AM-2 PM. Bring lunch & water. From Rte. 95 exit 57 in Newburyport, take Rte. 113 W 0.7 mi., R on Hoyt's/ Gypsy Ln. to lot at end on R. \$2 pkg. fee. No reg. L Pat Marchetti (978-264-4091).

SUN. JUNE 8 MANCHESTER-ESSEX CONSERVATION LAND (ANDOVER). Find the Bear's Den and Bishop's Grave. Hike over to Pulpit Rock and Millstone Hill. About 6.5 mi. at an easy to mod. pace. Reg. w/ L Tom Pettingill (978-346-9053; tompsubs@yahoo.com).

SUN. JUNE 8 ESTABROOK WOODS, CARLISLE/CONCORD (LOCAL WALKS). 6-mi. hike over varied terrain, 10 AM-2 PM. Bring lunch, water, sturdy boots, trail may be wet. From Colonial Inn in Concord ctr. take Lowell Rd. N 3.7 mi., R on Indian Hill Rd., first L on Indian Hill (becomes Autumn Ln.) 0.8 mi., L on Kibby Place at fork, park at end at Estabrook Rd. No reg. Storm cancels. L Charles Annesi (781-801-2648).

WED. JULY 9 WALDEN POND IN CONCORD (FORTY PLUS). A short hike and long swim or v.v. depending on the weather, Reg. w/ either L Florence Walker (617-969-8857) or L Kathy Moss (617-625-0601 before 9 PM).

SAT. JUNE 14 NEPONSET RIVER GREENWAY, DORCHESTER & MILTON (LOCAL WALKS). Leisurely 4-mi. riverside walk w/waterfall, historic mills, 10 AM-12:30 PM. Bring snack. Meet at Hallet St. entr. to Pope John Paul II Park. From Rte. 93N, take exit 11 (11B from Rte. 93S) to Granite Ave., N over Neponset River, immediate R on Hilltop St., R under bridge into pkg. lot. No reg. Storm cancels. L Marc Hurwitz (781-864-1732; info@hiddenboston.com).

Sat. June 14 Arnold Arboretum, Jamaica Plain

(Local Walks). Leisurely walk to view shrubs & trees in bloom, 10 AM. Bring snack, water. Meet at Admin. Bldg. Park on Arborway or take T to Forest Hills, walk 0.6 mi. No reg. Storm cancels. L Ann Landers (617-786-8850).

SUN. JUNE 15 BLUE HILLS, MILTON (LOCAL WALKS). Early morning ramble thru woods & over hills in reservation, 9 AM-noon. Bring water, sturdy footwear. Meet at Houghton's Pond lot. From Rte. 93/128 exit 3, go N to stop sign at Hillside St., R 0.2 mi. to lot on R. L Jan Galloway (508-877-0330 to 10 PM).

SUN. JUNE 15 WOLLASTON BEACH, QUINCY (LOCAL WALKS). Fast paced, scenic 7-mi. walk along Wollaston Beach & Marina Bay, Squantum, 9 AM-noon. Bring snack, water. From SE Expwy. exit 8 in Quincy, take Furnace Brook Pkwy. 2.8 mi., L at light onto Quincy Shore Dr., L at first light into pkg. lot. No reg. Storm cancels. L Beth Mosias (781-335-5034, 7-9 PM).

SUN. JUNE 15 SHELDRIK PRESERVE & HEALD TRACT, WILTON NH (LOCAL WALKS). 6-mi hike thru diverse woodlands & hilly old growth forest w/streams, ponds, ridges, eskers & interpretive points, 9:45 AM-3 PM. Bring lunch, water, boots. From Nashua NH, go W on Rte. 101A, join Rte. 101 toward Milford, continue past Wilton Ctr., L on Temple Rd. (just beyond Gary's Restaurant & 2.1 mi. past jct. w/Rte. 31 S) go 0.3 mi., L on Town Farm Rd. 0.7 mi. uphill to pkg. lot. Storm cancels. L Mark Levine (781-275-2143 to 9 PM if weather uncertain; markjaylevine@msn.com).

TUE. JUNE 17 BLUE HILLS, MILTON (LOCAL WALKS). Brisk, challenging 4-mi. after-work hike up Great Blue Hill inc. steep trails w/possible sunset views, 6:30-8:30 PM. Bring snack, water, sturdy footwear. From Rte. 93/128 exit 2B, take Rte. 138 N 1.3 mi. to pkg. lot on R just past Trailside Museum. No reg. Storm cancels. L Marc Hurwitz (781-864-1732; info@hiddenboston.com).

THU. JUNE 19 EDIBLE WILD PLANT WALK, CHARLES RIVER GREENWAY, WATERTOWN (LOCAL WALKS). Evening walk to learn about edible wild plants in greater Boston area. Keys to species ID provided, along with edible portions, seasons of availability, preparation & guidelines for safe & environmentally responsible foraging, 6-8:30 PM. Meet at Perkins School pkg. lot on Charles River Rd. No reg. Rain or shine. Joint w/Watertown Walks. L Russ Cohen (781-646-7489; eatwild@rcn.com).

FRI. JUNE 20 MIDDLESEX FELLS SUNRISE HIKE AND SWIM (INTRO). Celebrate the summer solstice w/ a 1-hr. hike

and refreshing swim after. Sunrise is 5:07 AM; hike starts at 5:15 AM. Details contact L Thurman Smith (781-388-9386; thurman@efr.bz).

SAT. JUNE 21 SUMMER WILDFLOWERS OF HORN POND MT., WOBURN (LOCAL WALKS). Slow-paced nature ramble focusing on wild flower ID & interesting natural history, 9 AM-noon. From Rte. 95/128 exit 33A, take Rte. 3 S 3 mi., L on Pond St. 0.8 mi. to pkg. lot on L. Arrive early, pkg. ltd. L Boot Boutwell (781-729-4712).

SAT. JUNE 21 MIDDLESEX FELLS, WINCHESTER (LOCAL WALKS). L's choice mod. hike, 10 AM-1:30 PM. Bring lunch & water. Meet at Wedgmere RR sta., Winchester. From Rte. 3, take Church St. E 0.3 mi. to light, R on Bacon St. 0.4 mi. to pkg. lot on Mystic Valley Pkwy. From Rte. 93 exit 33 in Medford, go W on S. Border Rd. 2.2 mi. to Mystic Valley Pkwy., 0.9 mi. to Bacon St., R under tracks to lot on L. Steady rain cancels. L Betsy Goeke (781-729-8484 to 10 PM).

SUN. JUNE 22 CONCORD'S TRANSCENDENTAL PAST (LOCAL WALKS). 6-mi. narrated walk to woods, rivers, literary & historic sites, 10 AM-2:30 PM. Read Emerson's "Self-reliance." Reg. req. L Jean McGreehan (978-667-9610; jmcgreehan@yahoo.com).

SUN. JUNE 22 FORT WASHINGTON, CAMBRIDGE (LOCAL WALKS). 6-mi. historic walk from still-existing 232 year old Revolutionary War fort to Harvard Sq., Washington Elm, Longfellow House & return along Charles River to BU Bridge, noon-4 PM. From Boston, go over BU Bridge, across rotary to Brookline St., R on Waverly St. to huge flag at 95 Waverly, or take Red line to Central Sq., walk down Brookline St. to Erie St. On-street pkg. on Sun. L Brian Campbell (617-354-0259; brianam_2000@yahoo.com).

SAT. JUNE 28 BLUE HILLS, MILTON (LOCAL WALKS). Mod. hike w/some steep sections, 8:45 AM-3 PM. Bring lunch, water, sturdy footwear. Meet at Houghton's Pond lot. From Rte. 93/128 exit 3, go N to stop sign at Hillside St., R 0.2 mi. to lot on R. L Bob Weker (617-331-4265).

SAT. JUNE 28 PARKS & GREENWAYS, BELMONT (LOCAL WALKS). 6-mi. mostly wooded hike inc. Beaver Brook Reservation, 10 AM-1:30 PM. Bring lunch. From Rte. 95/128 exit 28A, take Trapelo Rd. E 3.4 mi. to 3rd set of lights, R on Waverly Oaks Rd., immediate L into pkg. lot. Bus 73 from Harvard T sta. to end, walk NW 0.3 mi. on Trapelo Rd. No reg. L Mike Stadelmaier (hikeinfo@yahoo.com; 617-282-3182 to 10 PM).

SUN. JUNE 29 BOSTON/CHARLESTON HARBOR WALK (LOCAL WALKS). Visit scenic & historic sites on brisk 10-mi.

walk to waterfront, South End & Copley Sq., 9 AM. Stop for coffee/snack in North End, lunch at Quincy Market. Shorter options available. Meet at Kendall T sta., Cambridge. No reg. Rain cancels. L Shelly Elzweig (978-387-6364; Redsox234@comcast.net).

SUN. JUNE 29 MT. AUBURN CEMETERY, CAMBRIDGE (LOCAL WALKS). 2.5-hr. walk exploring natural beauty & history of Mount Auburn Cemetery's 174 acres. Theme of walk: Notable artists. T accessible. Reg. req. by June 27. L Jim Loughlin (617-923-8039, 7-9 PM).

SUN. JUNE 29 BAY CIRCUIT TRAIL, NO. ANDOVER (ANDOVER). Explore a section of the North Andover BCT, an easy 5 mi. thru mostly wooded areas. Rain or shine. Reg. w/L Jeff LaFountain (978-470-2980; jefflaf@comcast.net).

FRI. JULY 4 WORLD'S END RESERVATION, HINGHAM (LOCAL WALKS). Scenic 5-mi. walk, 8:30-11:30 AM. Bring snack & water. From Rte. 3A rotary in Hingham, take Summer St. 0.5 mi. to light, L on Martin's Lane to entr. Pkg. fee. Avoid Rte. 228 due to holiday event road closures. No reg. Storm cancels. L Beth Mosias (781-335-5034, 7-9 PM).

FRI. JULY 4 PARKS & GREENWAYS, BOSTON (LOCAL WALKS). 12-mi. walk inc. Arnold Arboretum, Emerald Necklace, SW Corridor Park, Boston Harborwalk, Freedom Trail, ending at Esplanade, 12:45-6:15 PM. Numerous shorter options. Bring snacks. Meet at Forest Hills T by entr. gates. No reg. L Mike Stadelmaier (hikeinfo@yahoo.com; 617-282-3182 to 10 PM).

FRI., JULY 4. FREEDOM TRAIL, BOSTON (LOCAL WALKS). Celebrate Declaration of Independence & Boston's role in America's struggle for freedom w/narrated walk to the 16 Freedom Trail sites, ending at Charlestown Navy Yard w/USS Constitution returning from annual turnaround cruise. Limited to 20. Reg. req'd. L Bill McDonald (amclocalwalks@yahoo.com; 508-746-9237 to 8 PM).

SUN. JULY 6 MAUDSLAY STATE PARK, NEWBURYPORT (LOCAL WALKS). 6-mi. hike on carriage roads of former estate overlooking Merrimack River, 10 AM-2 PM. Bring lunch & water. From Rte. 95 exit 57 in Newburyport, take Rte. 113 W 0.7 mi., R on Hoyt's/Gypsy Ln. to lot at end on R. \$2 pkg. fee. No reg. L Pat Marchetti (978-264-4091 to 9 PM).

SUN. JULY 6 BLUE HILLS, MILTON (LOCAL WALKS). Two part L's choice hike, 10 AM-12:15 PM & 12:30-2:45 PM. Length &

Mountain Leadership School Plans 50th Reunion

The AMC's Mountain Leadership School (MLS) celebrates its 50th anniversary in 2008, and for the many alumni, instructors and staff of the five-day wilderness leadership training program, it is time to look back and get set to take part in the planned celebration.

When long-term staff member and field director Leo Kelly began to organize the event, he quickly discovered that no archive material existed and that little had been written about the school in its long history.

Seeking to address this situation, Kelly contacted William Lowell Putnam - the original director and one of the founding charter members of the MLS in 1958.

"At the time the Whites were not as accessible as they are now, at least not in people's minds," said Kelly, who is clearly excited and honored that Putnam, one of the elite climbing members of the time, is planning to attend the re-union.

"Bill Putnam's idea was that we have to teach people to go out there and come-back safe. Not much has changed, the mountains are still there and that's why we're still doing this after 50 years," Kelly added.

More than a celebration, Kelly sees the anniversary as an opportunity for everyone to contribute to the MLS archives, which he said, at present run to only 15 pages from the Appalachia Journal and some odd meeting notes.

As people received initial invitations, they suggested other names to contact and the thing just snowballed according to Kelly, who called some of those to whom he had spoken, "real characters."

Kelly plans to encourage everyone attending the re-union to tell their stories and to record them for an archive at AMC headquarters in Joy Street.

The daylong event on Oct. 4, 2008 takes place at Pinkham Notch Visitor Center, which until 2004, was the hub for MLS before it moved to the Highland Center.

Kelly is keen to contact anyone interested in helping out, or who has pictures or stories to share, and encourages them to email him at lgk48@aol.com, to mark their calendars and to look for further details as they become available.

For those who have not yet taken part in the AMC's Mountain Leadership School (MLS), it is time to look forward and to consider registering for one of the twice-yearly courses. They will take place at the AMC's Crawford Notch Highland Center from June 11-15 and August 13 - 17 and include a strenuous 4-day backpacking excursion. Kelly said at the time of writing, that the June program had a wait-list, but spaces were still available for August.

There is also the opportunity to add a Wilderness First Aid course as part of the program.

You can find more details on cost, schedule, equipment and fitness levels required, at the AMC website at <http://www.outdoors.org/education/leadership/mls/index.cfm>.

route depend on conditions. Bring lunch if doing both. Meet at Houghton's Pond lot. From Rte. 93/128 exit 3, go N to stop sign at Hillside St., R 0.2 mi. to lot on R. No reg. L Mike Stadelmaier (hikeinfo@yahoo.com; 617-282-3182 to 10 PM).

Multi-activity Trips

SAT., JUNE 21 SHAWSHEEN RIVER HIKE/PADDLE (ANDOVER). Explore Middlesex Canal aqueduct, Billerica. Approx. 7 mi. paddle to Ballardvale Dam, Andover. Boat & PFD req. Bring lunch, water, & proper attire for possible foul weather conditions. Heavy rain cancels. Reg. w/L Deb Sager (978-663-3965; debsag@earthlink.net).

THU.-MON. JULY 3-7 ANNUAL RANGELEY LAKE 4TH OF JULY CAMPING WEEKEND (INTRO). Join us for another great camping weekend at Rangeley Lake (Maine) for hiking, kayaking, biking and sitting around the campfire. \$95 inc. 4 nights at Rangeley S.P., 4 brkfst. & 3 dins., one being a lobster cookout. Reg. w/ L Lynn Matt (lmatt2002@hotmail) or CL Fran Scullin (hikerfran@cox.net).

ADVANCE NOTICE

FRI.-SUN. AUG. 1-3 SUMMER WEEKEND AT COASTGUARD BEACH, EAST-HAM MA (INTRO). Stay w/ us at a former U.S. Coast Guard station in Eastham, right on the Outer Beach. Participate in environmental program after biking and beaching. \$110 covers 2 brkfst. and 2 dins. Reg. w/ L Lynn Matt (lmatt2002@hotmail). CL TBA.

SAT.-MON. AUG. 30-SEP. 1 CAPE COD-NICKERSON STATE PARK CAR CAMPING WEEKEND (INTRO). Join us for another extraordinary camping weekend in Brewster for kayaking, biking, beaching, chatting and lounging around the campfire. \$45 inc. 2 nights at Nickerson State Park, 2 brkfst. & 2 dins., one being the infamous lobster cookout. L Lynn Matt (lmatt2002@hotmail.com).

FRI.-SUN. SEP. 5-7 SQUAM LAKE NH WEEKEND AT CAMP DEERWOOD (FORTY PLUS). Rustic wooded camp, sleep in cabins with indoor plumbing, dining hall, fireplaced great lodge, 1/3 mi. of waterfront, free use of kayaks, swimming, tennis, hiking. Bring your own PFD. Ls (hiking) Harold Sharff, Linda Greco, Ls (Paddling) Stan and Shirley Rydell. For info. and reservations call Harold (617-361-3664). For paddling info., Shirley (srydell@comcast.net; 781-749-5917).

FRI.-MON. OCT. 10-13 BLOCK ISLAND BIKING AND HIKING TRIP (EASY/INT) (FORTY PLUS). Come with us to scenic Block Island. Stay at a beautiful island

inn and cottage overlooking the harbor. Daily guided biking and/or hiking on the island. Trip cost: \$235 inc. accomm. and 3 brkfst. Dins. and lunches can be prepared in the cottage. Plenty of restaurants on the island. Further info. or questions: contact L Ken Samoylenko or CL Karen Deady (978-369-3409; costias@hotmail.com). Reg. w/CL Mary Ellen Kiddle (781-646-5514 before 9 PM). A deposit of \$150 is req. Make checks payable to "Ken Samoylenko" and mail to 256 Thoreau St., Concord MA 01742.

Paddling—Flatwater

SAT. JUNE 7 CANOE/KAYAK QUINEBAUG RIVER (FORTY PLUS). Flat water and great views, 10 mi. starting in East Brimfield. Bring lunch/snacks, PFD, water, sunscreen. L Paul Shields, CL Warren Thompson. Reg. and details w/Paul (508-832-5973).

SAT. JUNE 14 CELEBRATE RIVERFEST 2008, CONCORD RIVER (FORTY PLUS). Paddle from Bedford to the North Bridge and return (www.sudbury-assabet-concord.org/theOrganization/riverfest.html). Along the way we will stop and walk the Great Meadows Bird Sanctuary. At the North Bridge we will walk around depending on time. Bring PFD, water, lunch/snacks. Reg. and details w/L Mac Meyers (781-275-0511); CL Mike Carmody.

SUN. JUNE 15 IPSWICH RIVER, BIRD SANCTUARY (PADDLING). L Ken Kaiser (978-664-5984), CL Donna Jean Kaiser (978-664-5984).

THU. JUNE 19 CASUAL CANOE IN CONCORD (INTRO). Greet summer and meet after work for relaxing canoeing on the scenic Concord and Sudbury rivers (rentals available). Din. afterwards at local restaurant. Space ltd. Reg. w/CL Kazia Navas (508-653-8024 best time to call is before 9 PM; knavas@hbsp.harvard.edu), L Mary Ellen Kiddle (781-646-5514).

SAT. JULY 19 CANOE/KAYAK NORTH RIVER, MARSHFIELD (FORTY PLUS). Paddle from Marshfield to Hanover (no rentals available). Beautiful tidal river trip of 8-mi. through golden marshlands with a lunch stop at Couch Beach. Start at 9:30 to ride with the tide. Bring water, PFD, lunch/snacks. Limit 20. Call L Ned Martin (781-682-1057) for reg. and details. CL Gordon Leach.

Paddling—Sea Kayaking

SUN. JUNE 2 WESTPORT (L1+) (SEA KAYAKING). This early season trip will launch at Head of Westport river and paddle 10 mi. to the mouth at Horseneck Beach. Car shuttle will avoid the slog back to the put-in.

This is a beautiful river that is mostly undeveloped, warm(er) water temps, and little/no boat traffic. Expect early season winds and apres-paddle beverages overlooking the river. Rentals are available at put-in. Contact L Jeff Barrell (JBarrell@yahoo.com; 617-964-1246).

SUN. JUNE 15 HISTORIC OUTER BOSTON HARBOR ISLANDS (L2+) (SEA KAYAKING). We will stop at Georges Island for tour of Fort Warren of Civil War era and Little Brewster Island for a tour of Boston Harbor Lighthouse. This trip inc. an open water paddle so you must be experienced with coastal waters and have wet exit and rescue skills. Contact Marjorie Bannish (413-442-0001; mbannish@verizon.net) or Tom Galvagni (413-447-7698; tgalvagni@bershire.rr.com).

SAT.-SUN. JUNE 21-22 SQUAM LAKE KAYAK CAMPING (L2) (INTRO/SEA KAYAKING). Paddle and camping on beautiful Squam Lake during the solstice weekend. Approx. 8-10 mi. of paddling each day depending upon conditions and group. Kayak rentals available. Lunch on the lake and din. in town. \$15 for fees. Contact L Dennis Blejer (Blejer@LL.MIT.edu; 978-443-1743 before 9 PM), CL Eliza Grimmel.

SAT. JUNE 28 CHARLES RIVER, DEDHAM KAYAK/CANOE (FORTY PLUS). Eleven mi. by water through the Dedham Loop or 3 mi. by car between South St. and Hemlock Gorge in Needham. Hiking trails are near the take-out in Hemlock Gorge if you still have energy to burn. Reg. w/L Bill Fadden (faddenwn@aol.com; 508-877-8893); CL Ira Benowitz.

FRI.-SUN. JULY 11-13 SEA KAYAK AND CAMPING ON BEAL ISLAND, MAINE (L2) (SEA KAYAKING). Paddle the tidal rivers from our base camp on AMC's Beal Island with destinations like Boothbay Harbor. The adventurous can practice rescues in the eddies of Hellgate at mid-tide. For those new to kayak camping, you'll discover that boat camping can include showers and Dutch oven cooking. Plan on paddling 8-12 mi. per day with some strong tides. Trip cost is \$55 for food and campsite. For info./reg. contact Jeff Barrell (617-964-1246; JBarrell@yahoo.com). L Mary Buntin and Jim Slack.

FRI.-SUN. JULY 11-13 CANOE/KAYAK WEEKEND, KNUBBLE BAY, BEAL ISLAND ME (FORTY PLUS). Enjoy new AMC cabin and tidewater paddling on Maine's coastal waters. Din. and 2 brkfst. inc. Ltd. to 15, reg. by July 4. Cost is \$75 if 15 attend. PFDs req. Contact L Loretta O'Brien (lorettaso@aol.com; 781-784-6971) for reg. and details. CL Bill Fadden.

Massachusetts Critical Treasures Project

Enjoying, Promoting Stewardship of Massachusetts Forests and Parks

Many of us have enjoyed a great experience at a special park, along a hiking trail or in a forested woodland, and returned to discover that it has been degraded by neglect, vandalism, trail erosion or otherwise affected by a nearby new subdivision, a new road or other development. What a disappointment that can be! There are many state and urban parks that are highly valued because they offer us recreation, isolation or a spot for meditation. Some of these areas—these treasures—are under threat of impairment from various sources, and a new AMC program in Massachusetts is seeking to raise public awareness about these areas and increase the level of their protection.

Based on a similar effort in the mid-Atlantic region, and part of AMC's statewide efforts to protect forests and other recreational resources, AMC's Massachusetts Critical Treasures project is working through the four Massachusetts chapters to nominate sites in each region of the state. Your help is needed to identify the locations of significant value and most in need of attention in the Boston Chapter area.

In this early phase of the project, we are focusing primarily on properties managed by the Department of Conservation and Recreation (DCR) as part of a state-wide effort to draw attention to the resource needs of the Massachusetts Forest and Park system, the ninth largest in the country. A second phase of the project will seek input on priority areas beyond DCR properties.

Critical Treasures are priority DCR properties that:

1. Have significant value for open space and outdoor recreation, watershed protection, and as habitat for plants and wildlife; and
2. Are threatened or impaired by lack of upkeep, impacts of overuse or conflicting uses, by land use changes along their borders; or are in need of increased attention, additional resources, or improved management.

Once these areas have been identified, volunteer leaders in paddling, biking, hiking or other activities can combine their love for being outdoors by leading a trip to a favorite "Critical Treasure" and by listing it as such in a trip description. By identifying a forest or park property as a critical treasure and highlighting its important conservation and recreational values, we can raise members' awareness and provide a focus for obtaining more help for its protection. Once we have compiled a statewide AMC list, we will review it with other conservation organizations and state agencies. This project also provides a natural integrating concept for a number of Family Outings programs and No Child Left Inside as well as the hiking, boating and bike activities in each chapter. We hope to have a few "Critical Treasures" activities this summer and a full slate of them next season.

The project is headed by Mike Gildesgame, AMC's Southern New England Policy Manager, and he has asked each Massachusetts Chapter to recommend Critical Treasures in their part of the state. Here is your chance to participate by providing Mike with your list of Treasures. He has been meeting with the Boston Conservation Committee, and Chair, Steve Connors, and they would like your input.

The project is seeking specific sites, like Beaver Brook Reservation, rather than a whole region, like the Charles River watershed. The initial focus is on state-managed facilities, although you can nominate other very special critical treasures like town conservation areas and parks as well. So far, Boston chapter members have nominated Middlesex Fells, The Bay Circuit Trail, Alewife Brook and the Mystic River Reservation. What are your Treasures that are facing threats?

Paddling—Whitewater

SAT.-SUN. JUNE 7-8 DEAD (5500) (CLASS IV) (PADDLING). L Jeff Pacuska (617-388-4635; jpacuska@yahoo.com), CL TBA.

SAT.-SUN. JUNE 14-15 DEERFIELD-MONROE BRIDGE (CLASS IV) (PADDLING). L Norm Rehn (978-462-9062; Norman.Rehn@aspect.com), CL Mel Noll (978-352-7577; mgn2@comcast.net).

SAT.-SUN. JUNE 21-22 DEERFIELD-FIFE BROOK (CLASS II) (PADDLING). L Bob Connor (781-944-4637; bpcnow@yahoo.com), CL TBA.

SAT.-SUN. JUNE 28-29 DEAD (1800/1300) (CLASS III) (PADDLING). L Ken Kaiser (978-664-5984), CL Donna Jean Kaiser (978-664-5984).

Windsurfing

SAT. JULY 19 FOGLAND POINT, TIVERTON RI DAY TRIP (WINDSURFING).

Good sailing for all ability levels and wind directions, not tide dependent. Expect pkg. fee. From 128 take Rte. 24 S to Tiverton RI; exit at Rte. 77 S. Go 6.5 mi., turn R onto Pond Brook Road. At end turn L, then R onto Fogland Point Rd. Beach entrance is 1/4 mi. on the R. Proceed to the end of the road to find windsurfing site. Rain/low wind may cancel. L Bob Metcalf (robert.metcalf@ubs.com; 617-439-8590 or 978-927-0148Batcheller (978-475-3665) and David Dargie (978-996-4475; david@dargie.com).

There are two ways to provide your nominations

(1) Send your nominations to Mike at mgildesgame@outdoors.org. Please describe: a. The name of the forest, park or reservation, and what town(s) it is in b. Briefly, what makes it a critical treasure? What attributes or characteristics make it outstanding or very special? c. What are the current or upcoming specific threats to those resources?

(2) Come to the Conservation Committee meeting on June 24th at the Parish of St. Paul Church, 1135 Walnut St., Newton Highlands, MA and provide your ideas in person (see the Boston Chapter Conservation Committee website for directions at <http://www.amcboston.org/conservation/events.html>).

THE Charles River Mud

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APPALACHIAN MOUNTAIN CLUB
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Notice Anything Different?

With this issue, no doubt you'll notice that the MUD has adopted a new format. We have moved away from the large paper size of previous issues to a new 8.5" x 11" paper size and re-vamped the layout at the same time. We hope you like it!

The primary reason for the new size is to allow you to receive, read and print the MUD electronically. But more than this, we want to give the MUD a modern look and ensure that future issues will not be forced to use very small fonts in order to fit in a fixed space allocation.

Check out the first page for information about receiving the MUD electronically, including the many benefits. And let us know what you think of the new design by email at MUD@amcboston.org.

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